Masculinizing Effects in Female to Male Transgender Persons

Updated 2018

|  |  |  |
| --- | --- | --- |
| Effect | Onset (Months) | Maximum (Years) |
| Skin oiliness/acne | 1 to 6 months | 1 to 2 years |
| Facial/body hair growth | 6 to 12 months | 4 to 5 years |
| Scalp hair loss | 6 to 12 months | \* |
| Increased muscle mass/strength | 6 to 12 months | 2 to 5 years |
| Fat redistribution | 1 to 6 months | 2 to 5 years |
| Cessation of menses | 1 to 6 months | + |
| Clitoral enlargement | 1 to 6 months | 1 to 2 years |
| Vaginal atrophy | 1 to 6 months | 1 to 2 years |
| Deepening of voice | 6 to 12 months | 1 to 2 years |

\*Prevention and treatment as recommended for biological men.

+Menorrhagia requires diagnosis and treatment by a gynecologist.

Source: <https://www.uptodate.com/contents/image?imageKey=ENDO%2F75101&topicKey=ENDO%2F109911&search=Masculinizing%20effects%20in%20female-to-male%20transgender%20persons&source=outline_link&selectedTitle=1~150>