

# DELTA UPSOAR

## Understanding and Preventing Substance and Opioid Abuse in Rurality



### What is Delta UPSOAR?

Delta UPSOAR is an innovative and local response specifically designed to serve youth and adults who have not received opioid and substance abuse awareness education and resources. While specifically designed for those living in Baxter, Fulton, Izard, Sharp, and Stone counties, this information is available for all Arkansans.

Download our [Fact Sheet](#). | Visit our website: [Winrock.org](http://Winrock.org).



### What can I learn?

- The Science Behind Opioid Addiction
- Recognizing and Responding to an Opioid Overdose
- How to Support Someone with Substance Use Disorder
- What You Should Know About Opioid Use Disorder
- Opioid Use Disorder: Resources for Recovery
- Opioid Use Disorder – Youth
- Removing the Stigma Associated with Substance Use Disorder
- Understanding and Preventing Substance & Opioid Abuse in Rurality
- Responding to an Opioid Overdose
- Ask Your Local Pharmacist
- Road to Recovery
- Building Healthy Habits for Recovery



### How can I access the information?

Access Delta UPSOAR modules and videos at the link below:

<https://patientslearn.uams.edu/deltaupsoar/>

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