

Peanut Butter and Banana Roll-ups

Ingredients

- ¼ cup peanut butter
- 2 large whole wheat tortillas
- 2 Tablespoons honey
- 2 medium bananas

Supplies

- Cutting board
- Spoon
- Sharp knife
- Serving plate

Steps

1. Put tortillas on cutting board, side by side.
2. Spread half of the peanut butter on 1 tortilla. Spread the other half on the other tortilla.
3. Spread 1 Tablespoon of honey over each tortilla.
4. Peel the bananas. Put 1 on the edge of each tortilla.
5. Roll up each tortilla, with the banana inside.
6. Cut each roll in half.
7. Serve!

Now that we have all of our ingredients and supplies ready, let's cook!

- Put the 2 tortillas side by side on the cutting board
- Spread the peanut butter evenly over the 2 tortillas, putting half on each tortilla
- Spread or drizzle 1 tablespoon of honey over each tortilla
- Peel the bananas and place on one end of each tortilla
- Roll the tortilla around the first banana, then do the same with the other
- Cut each roll in half and serve. How easy is that?!